

# AUTISTIC SPECTRUM DISORDERS (ASD)

Autistic Spectrum Disorders (ASD) include diagnosis of Autistic Disorder, Pervasive Developmental Disorder and Asperger's Disorder.

Essentially, all children diagnosed with an Autism Spectrum Disorder demonstrate delays in:

- Their ability to show the enjoyment of closeness in a relationship
- Their ability to communicate (non-verbally and verbally) with others
- Restricted repetitive behaviors and interests.

*Early diagnosis and intervention along with intensive individualized programs are important in reducing the symptoms of this disorder. It is also very important for parents to be involved in carrying over these interventions in the home.*

RCC offers a wide range of options for children, diagnosed with Autistic Spectrum Disorders, and their families. Services can be delivered at home, daycare or at our center in Newark. A combination of home/daycare and center based services is also offered.

Our staff includes certified and licensed professionals with expertise in:

- Communication disorders
- Physical/sensory impairments
- Emotional/behavioral disorders



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a division of



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for more information call

315-331-2086 ext. 230

[www.waynearc.org](http://www.waynearc.org)

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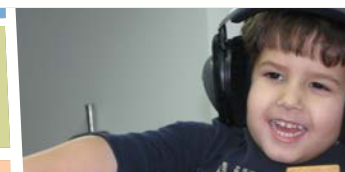
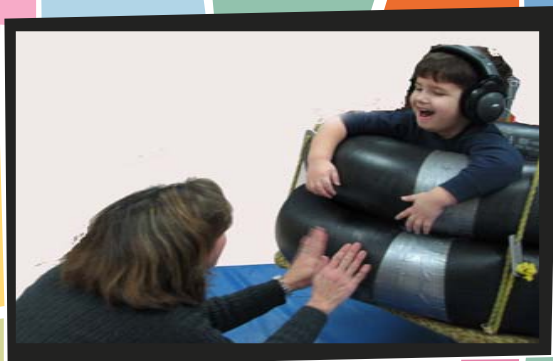
LAUGH



SERVICES FOR CHILDREN  
with  
AUTISTIC SPECTRUM DISORDER

GROW

DEVELOP



## THEORETICAL APPROACHES TO TREATMENT OF CHILDREN WITH AUTISTIC SPECTRUM DISORDERS OFFERED AT RCC:



The Roosevelt Children's Center provides quality services for children with special needs from ages birth to 5 years. Since the potential for growth in children is greatest in their early years, we encourage skills necessary for success in later school years.



### Applied Behavior Analysis (ABA)

Based on the unique needs of the child and family, individualized programs are created to help teach children basic academic, communication and social skills that are difficult for children with ASD to learn naturally. These programs are designed and continuously evaluated by an ABA consultant.

- An effective ABA program:
- Is intensive and must be provided consistently.
  - Is usually delivered at home and school, for at least 20 hours per week.
  - Recognizes that home and school environments must be well-structured, organized and consistent.
  - Provides training for the parents.

for more information:  
[www.abainternational.org](http://www.abainternational.org)

### Developmental, Interdisciplinary Services

We recognize that parents of young children with Autism often find it difficult to sustain social and communicative play with their child. The DIR "floortime" model can provide coaching for parents on creating opportunities for this closer and more rewarding engagement with their child throughout the child's day. The goal of these "floortime" sessions is to create engagement that is fun for the child and increases their motivation to communicate with those around them. The DIR "floortime" model involves:

- Tailoring interactions to the child's individual differences and skill level.
- Strong emphasis on the development of communication, problem solving, and back and forth interactions with others.
- Recommendation for the type and amount of sessions and services are driven by the needs of the child and family.

For more information:  
[www.floortime.org](http://www.floortime.org)

### Training and Education of Autistic and Related Handicapped Children (TEACCH)

TEACCH is a classroom program that is tailored to the autistic child's individual needs based on general guidelines. Building on the fact that children with autism are often visual learners, TEACCH:

- Is based on observation of how each individual child learns.
- Uses the child's strengths to improve their skills while working toward independence.
- Uses visual cues and physical structure to organize the child's environment and make it more meaningful.

for more information:  
[www.teacch.com](http://www.teacch.com)

### Roosevelt Children's Center Program Goals

- To provide a family centered approach that will meet the unique needs of each child and their family
- To keep the goals of the family in mind when developing programs
- To facilitate the development of social skills with peers and adults
- To help the child cope and adapt to the environment of their community
- To foster independence
- To generalize skills gained during 1:1 instruction to the child's home and school environment
- To maximize the learning potential of each child

### RCC's TEAM BASED APPROACH

Our staff works as a team to develop a unique program for each child. We offer the following services based on the child's needs :

- Special Education
- Speech/Language Therapy
- Assistive Technology
- Occupational Therapy
- Physical Therapy
- Music Therapy
- Psychological Services
- Parent Counseling and Training

